

Mojtaba Heydari

M.D., Ph.D.
Clinician-Scientist



Shiraz University of Medical Sciences
Iran

mheydari@sums.ac.ir
Phone: [+9871132360117]
Mobile: [+989172051798]

Publons: <https://publons.com/researcher/536827/mojtaba-heydari>

Google Scholar: <https://scholar.google.com/citations?user=TiSVA3QAAAAJ&hl=en>

Researchgate: <https://www.researchgate.net/profile/Mojtaba-Heydari-2>

ORCID: <https://orcid.org/0000-0001-9612-0936>

Education

M.D.

Shiraz Medical School, Shiraz University of Medical Sciences

Shirāz, Iran

PhD

Shiraz University of Medical Sciences, Traditional medicine

Shirāz, Iran

Ophthalmology residency

Shiraz University of Medical Sciences, Department of ophthalmology

Shirāz, Iran

Awards

- 2020 International Society for Complementary Medicine Research
Scientific Article Prize
- 2014 Award for Excellence in research in Medical sciences, Shiraz
University of Medical Sciences
- 2013 Top PhD candidate of Shiraz University of Medical Sciences

Languages Persian, English, Arabic

Scientific Iranian Society of Ophthalmology

Memberships International Society for Complementary Medicine Research
Essence of Parsiyan Wisdom Institute
Research Center for Traditional medicine and History of Medicine

Editorial records BMC Complementary Medicine and Therapies
Frontiers in Pharmacology
Traditional and integrative medicine

Peer review for More than 20 scientific journals

Scientific Visits

Essen Integrative Medicine Clinic, Germany

PhytoLab, Vestenbergsgreuth, Germany

Hamdard University, Karachi, Pakistan

Hamdard University, Delhi, India

Prof. Dr. Fuat Sezgin Foundation for History of Sciences in Islam, Istanbul, Turkey

Publication metrics

WEB OF SCIENCE DOCUMENTS	TOTAL TIMES CITED	H-INDEX	AVERAGE CITATIONS PER DOCUMENT	AVERAGE CITATIONS PER YEAR
63	895	20 [Ⓢ]	14.2	99.4

Citations are from articles indexed in the Web of Science Core Collection.

Journal Publications

1. Abdipour Mehrian SR, Uddin S, Ghahramani Z, Moshfeghinia R, Shahabi S, Haghdoost A, et al. Evidence-based practice in traditional persian medicine (TPM): a stakeholder and social network analysis. *BMC Complement Med Ther.* 2024;24(1):253.
2. Boroughani M, Tahmasbi Z, Heidari MM, Johari M, Hashempur MH, Heydari M. Potential therapeutic effects of green tea (*Camellia sinensis*) in eye diseases, a review. *Heliyon.* 2024;10(7):e28829.
3. Farjoud Kouhanjani M, Hosseini SA, Asadi-Pooya AA, Heydari M, Hosseini SMH, Farjoudi Kouhanjani HK. Historical roots of the stigma of epilepsy: A review of the classic Iranian literature. *Epilepsy Behav.* 2024;152:109644.
4. Heydari M, Kalani M, Ghasemi Y, Nejabat M. The Effect of Ophthalmic and Systemic Formulations of *Lactobacillus sakei* on Clinical and Immunological Outcomes of Patients With Dry Eye Disease: A Factorial, Randomized, Placebo-controlled, and Triple-masking Clinical Trial. *Probiotics Antimicrob Proteins.* 2024;16(3):1026-35.
5. Hosseinipour A, Heydari M, Mohebbinejad A, Mosavat SH, Parkhah M, Hashempur MH. Prophylactic effect of chamomile on post-dural puncture headache in women undergoing elective cesarean section: A randomized, double blind, placebo-controlled clinical trial. *Explore (NY).* 2024;20(3):424-9.
6. Sanie-Jahromi F, Khaki M, Heydari M, Nowroozzadeh MH, Akbarizadeh AR, Daneshamouz S, et al. Effect of low dose honey on the apoptosis and inflammation gene expression in corneal limbal stem cells and keratocytes and its efficacy as an ophthalmic formulation in the treatment of dry eye: in-vitro and clinical study. *Front Med (Lausanne).* 2024;11:1359463.
7. Tajik N, Talebnejad MR, Heydari M. Occlusion therapy for amblyopia, a historical report from 9th century Persian scholar, Ali ibn Sahl ibn Rabban al-Tabari (838-870 CE). *Strabismus.* 2024;32(3):217-21.
8. Yousefi M, Reihani H, Heydari M, Nasimi Doost Azgomi R, Hashempur MH. Complementary and alternative medicine use among cancer patients in Iran: A systematic review. *Prev Med Rep.* 2024;39:102644.
9. Johari M, Karimi A, Mojarad M, Heydari M. Comparative analysis of risk factors for retinopathy of prematurity in single and multiple birth neonates. *Int J Retina Vitreous.* 2024;10(1):21.

10. Baghban R, Talebnejad MR, Meshksar A, Heydari M, Khalili MR. Recent advancements in nanomaterial-laden contact lenses for diagnosis and treatment of glaucoma, review and update. *J Nanobiotechnology*. 2023;21(1):402.
11. Heydari M, Dalfardi B, Hajimonfarednejad M, Hashempur MH. A Historical Perspective on Diagnosing Death in Persian Medicine. *Bull Emerg Trauma*. 2023;11(4):200-1.
12. Heydari M, Khalili MR, Nowroozzadeh MH, Bamdad S, Sahebkar A, Shariati MA, et al. Therapeutic Implications of Curcumin in the Treatment of Inflammatory Eye Diseases: A Review. *Curr Pharm Biotechnol*. 2023;24(4):553-61.
13. Heydari M, Rauf A, Thiruvengadam M, Chen X, Hashempur MH. Editorial: Clinical safety of natural products, an evidence-based approach. *Front Pharmacol*. 2022;13:960556.
14. Heydari M, Rauf A, Thiruvengadam M, Chen X, Hashempur MH. Editorial: Clinical safety of natural products, an evidence-based approach. *Frontiers in pharmacology*. 2022;13:960556. Epub 2022/09/03. doi: 10.3389/fphar.2022.960556. PubMed PMID: 36052147; PubMed Central PMCID: PMC9425050.
15. Owji N, Khalili MR, Bazrafkan H, Heydari M. Long-term outcome of refractive errors in patients with congenital blepharoptosis who have undergone ptosis surgery. *Clinical & experimental optometry*. 2022;105(7):715-20. Epub 2021/09/21. doi: 10.1080/08164622.2021.1973344. PubMed PMID: 34538220.
16. Jamali H, Heydari M, Masihpour N, Khosravi A, Zare M, Shams M, et al. Serum androgens and prolactin levels in patients with keratoconus. *Clinical & experimental optometry*. 2022:1-5. Epub 2022/06/10. doi: 10.1080/08164622.2022.2081067. PubMed PMID: 35680612.
17. Heydari M, Zare M, Badie MR, Watson RR, Talebnejad MR, Afarid M. Crocin as a vision supplement. *Clinical & experimental optometry*. 2022:1-8. Epub 2022/03/02. doi: 10.1080/08164622.2022.2039554. PubMed PMID: 35231199.
18. Heydari M, Khalili MR, Nowroozzadeh MH, Bamdad S, Sahebkar A, Shariati MA, et al. Therapeutic Implications of Curcumin in the Treatment of Inflammatory Eye Diseases: A Review. *Current pharmaceutical biotechnology*. 2022. Epub 2022/06/14. doi: 10.2174/1389201023666220609085614. PubMed PMID: 35692138.
19. Ashraf H, Heydari M, Shams M, Zarshenas MM, Tavakoli A, Sayadi M. Efficacy of Ginger Supplementation in Relieving Persistent Hypothyroid Symptoms in Patients with Controlled Primary Hypothyroidism: A Pilot Randomized, Double-Blind, Placebo-Controlled Clinical Trial. *Evidence-based complementary and alternative medicine : eCAM*. 2022;2022:5456855. Epub 2022/02/01. doi: 10.1155/2022/5456855. PubMed PMID: 35096113; PubMed Central PMCID: PMC94674.
20. Ahmed S, Hasan MM, Heydari M, Rauf A, Bawazeer S, Abu-Izneid T, et al. Therapeutic potentials of crocin in medication of neurological disorders. *Food and chemical toxicology : an international journal published for the British Industrial Biological Research Association*. 2020;145:111739. Epub 2020/09/12. doi: 10.1016/j.fct.2020.111739. PubMed PMID: 32916219.
21. 8Abu-Izneid T, Rauf A, Khalil AA, Olatunde A, Khalid A, Alhumaydhi FA, et al. Nutritional and health beneficial properties of saffron (*Crocus sativus* L): a comprehensive review. *Critical reviews in food science and nutrition*. 2022;62(10):2683-706. Epub 2020/12/18. doi: 10.1080/10408398.2020.1857682. PubMed PMID: 33327732.

22. Nejabat M, Soltanzadeh K, Yasemi M, Daneshamouz S, Akbarizadeh AR, Heydari M. Efficacy of Honey-based Ophthalmic Formulation in Patients with Corneal Ulcer: A Randomized Clinical Trial. *Current drug discovery technologies*. 2021;18(3):457-62. PubMed PMID: 32056528. Epub 2020/02/15. eng.
23. Mushtaq BS, Hussain MB, Omer R, Toor HA, Waheed M, Shariati MA, et al. Moringa Oleifera in Malnutrition: A Comprehensive Review. *Current drug discovery technologies*. 2021;18(2):235-43. PubMed PMID: 31692437. Epub 2019/11/07. eng.
24. Khan A, Akram M, Thiruvengadam M, Daniyal M, Zakki SA, Munir N, et al. Anti-anxiety properties of selected medicinal plants. *Current pharmaceutical biotechnology*. 2021 Jan 22. PubMed PMID: 33480339. Epub 2021/01/23. eng.
25. Heydari M, Zare M, Badie MR, Watson RR, Talebnejad MR, Afarid M. Crocin as a vision supplement. *Clinical & experimental optometry*. 2022 Mar 1:1-8. PubMed PMID: 35231199. Epub 2022/03/02. eng.
26. Ashraf H, Heydari M, Shams M, Zarshenas MM, Tavakoli A, Sayadi M. Efficacy of Ginger Supplementation in Relieving Persistent Hypothyroid Symptoms in Patients with Controlled Primary Hypothyroidism: A Pilot Randomized, Double-Blind, Placebo-Controlled Clinical Trial. *Evidence-based complementary and alternative medicine : eCAM*. 2022;2022:5456855. PubMed PMID: 35096113. Pubmed Central PMCID: PMC8794674. Epub 2022/02/01. eng.
27. Ahmed S, Hasan MM, Heydari M, Rauf A, Bawazeer S, Abu-Izneid T, et al. Therapeutic potentials of crocin in medication of neurological disorders. *Food and chemical toxicology : an international journal published for the British Industrial Biological Research Association*. 2020 Nov;145:111739. PubMed PMID: 32916219. Epub 2020/09/12. eng.
28. Owji N, Khalili MR, Bazrafkan H, Heydari M. Long-term outcome of refractive errors in patients with congenital blepharoptosis who have undergone ptosis surgery. *Clinical & experimental optometry*. 2021 Sep 19:1-6. PubMed PMID: 34538220. Epub 2021/09/21. eng.
29. Abu-Izneid T, Rauf A, Khalil AA, Olatunde A, Khalid A, Alhumaydhi FA, et al. Nutritional and health beneficial properties of saffron (*Crocus sativus* L): a comprehensive review. *Critical reviews in food science and nutrition*. 2020 Dec 17:1-24. PubMed PMID: 33327732. Epub 2020/12/18. eng.
30. Rauf A, Shariati MA, Khalil AA, Bawazeer S, Heydari M, Plygun S, et al. Hepcidin, an overview of biochemical and clinical properties. *Steroids*. 2020;160:108661. Epub 2020/05/26. doi: 10.1016/j.steroids.2020.108661. PubMed PMID: 32450084.
31. Ostovar M, Akbari A, Anbardar MH, Iraji A, Salmanpour M, Hafez Ghoran S, et al. Effects of *Citrullus colocynthis* L. in a rat model of diabetic neuropathy. *Journal of integrative medicine*. 2020;18(1):59-67. Epub 2019/12/26. doi: 10.1016/j.joim.2019.12.002. PubMed PMID: 31874814.
32. Niazi M, Mehrabani M, Namazi MR, Salmanpour M, Heydari M, Karami MM, et al. Efficacy of a topical formulation of henna (*Lawsonia inermis* L.) in contact dermatitis in patients using prosthesis: A double-blind randomized placebo-controlled clinical trial. *Complementary therapies in medicine*. 2020;49:102316. Epub 2020/03/10. doi: 10.1016/j.ctim.2020.102316. PubMed PMID: 32147071.
33. Nasiri Lari Z, Hajimonfarednejad M, Riasatian M, Abolhassanzadeh Z, Iraji A, Vojoud M, et al. Efficacy of inhaled *Lavandula angustifolia* Mill. Essential oil on sleep quality, quality of life and

- metabolic control in patients with diabetes mellitus type II and insomnia. *J Ethnopharmacol.* 2020;251:112560. Epub 2020/01/14. doi: 10.1016/j.jep.2020.112560. PubMed PMID: 31931160.
34. Mehrzadi S, Mirzaei R, Heydari M, Sasani M, Yaqoobvand B, Huseini HF. Efficacy and Safety of a Traditional Herbal Combination in Patients with Type II Diabetes Mellitus: A Randomized Controlled Trial. *Journal of dietary supplements.* 2020:1-13. Epub 2020/02/23. doi: 10.1080/19390211.2020.1727076. PubMed PMID: 32081056.
 35. Imran M, Ghorat F, Ul-Haq I, Ur-Rehman H, Aslam F, Heydari M, et al. Lycopene as a Natural Antioxidant Used to Prevent Human Health Disorders. *Antioxidants (Basel, Switzerland).* 2020;9(8). Epub 2020/08/08. doi: 10.3390/antiox9080706. PubMed PMID: 32759751; PubMed Central PMCID: PMC7464847.
 36. Aziz E, Batool R, Khan MU, Rauf A, Akhtar W, Heydari M, et al. An overview on red algae bioactive compounds and their pharmaceutical applications. *Journal of complementary & integrative medicine.* 2020. Epub 2020/07/23. doi: 10.1515/jcim-2019-0203. PubMed PMID: 32697756.
 37. Aziz E, Batool R, Akhtar W, Rehman S, Shahzad T, Malik A, et al. Xanthophyll: Health benefits and therapeutic insights. *Life Sci.* 2020;240:117104. Epub 2019/11/30. doi: 10.1016/j.lfs.2019.117104. PubMed PMID: 31783054.
 38. Akbari A, Nasiri K, Heydari M. Ginger (*Zingiber officinale* Roscoe) extract can improve the levels of some trace elements and total homocysteine and prevent oxidative damage induced by ethanol in rat eye. *Avicenna J Phytomed.* 2020;10(4):365-71. Epub 2020/08/28. PubMed PMID: 32850293; PubMed Central PMCID: PMC7430965.
 39. Ahmed S, Hasan MM, Heydari M, Rauf A, Bawazeer S, Abu-Izneid T, et al. Therapeutic potentials of crocin in medication of neurological disorders. *Food and chemical toxicology : an international journal published for the British Industrial Biological Research Association.* 2020;145:111739. Epub 2020/09/12. doi: 10.1016/j.fct.2020.111739. PubMed PMID: 32916219.
 40. Waheed M, Hussain MB, Javed A, Mushtaq Z, Hassan S, Shariati MA, et al. Honey and cancer: A mechanistic review. *Clinical nutrition (Edinburgh, Scotland).* 2019;38(6):2499-503. Epub 2019/01/15. doi: 10.1016/j.clnu.2018.12.019. PubMed PMID: 30639116.
 41. Tafazoli V, Shahriari M, Heydari M, Nikbakht HA, Zarshenas MM, Nimrouzi M. The effect of *Viola odorata* L. Oil for fever in children: a randomized triple-blinded placebo-controlled clinical trial. *Current drug discovery technologies.* 2019. Epub 2019/06/30. doi: 10.2174/1570163816666190620142256. PubMed PMID: 31250761.
 42. Rostami N, Mosavat SH, Heydarirad G, Arbab Tafti R, Heydari M. Efficacy of topical *Citrullus colocynthis* (bitter apple) extract oil in chemotherapy-induced peripheral neuropathy: A pilot double-blind randomized placebo-controlled clinical trial. *Phytotherapy research : PTR.* 2019;33(10):2685-91. Epub 2019/08/03. doi: 10.1002/ptr.6442. PubMed PMID: 31373112.
 43. Naz S, Imran M, Rauf A, Orhan IE, Shariati MA, Iahtisham Ul H, et al. Chrysin: Pharmacological and therapeutic properties. *Life Sci.* 2019;235:116797. Epub 2019/09/01. doi: 10.1016/j.lfs.2019.116797. PubMed PMID: 31472146.
 44. Mushtaq BS, Hussain MB, Omer R, Toor HA, Waheed M, Shariati MA, et al. *Moringa Oleifera* in Malnutrition: A Comprehensive Review. *Current drug discovery technologies.* 2019. Epub

2019/11/07. doi: 10.2174/1570163816666191105162722. PubMed PMID: 31692437.

45. Ebrahimi F, Farzaei MH, Bahramsoltani R, Heydari M, Naderinia K, Rahimi R. Plant-derived medicines for neuropathies: a comprehensive review of clinical evidence. *Reviews in the neurosciences*. 2019;30(6):671-84. Epub 2019/02/16. doi: 10.1515/revneuro-2018-0097. PubMed PMID: 30768427.
46. Mosavat SH, Heydari M, Hashempur MH, Dehghani SM. Use of complementary and alternative medicine among paediatric patients with hepatogastrointestinal diseases. *Eastern Mediterranean health journal = La revue de sante de la Mediterranee orientale = al-Majallah al-sihhiyah li-sharq al-mutawassit*. 2018;24(10):1018-25. Epub 2018/12/26. doi: 10.26719/2018.24.10.1018. PubMed PMID: 30582145.
47. Hashempur MH, Mosavat SH, Heydari M, Shams M. Medicinal plants' use among patients with dyslipidemia: an Iranian cross-sectional survey. *Journal of complementary & integrative medicine*. 2018;16(3). Epub 2018/11/06. doi: 10.1515/jcim-2018-0101. PubMed PMID: 30391934.
48. Atarzadeh F, Kamalinejad M, Amin G, Salehi A, Dastgheib L, Jaladat AM, et al. Topical application of *Cassia fistula* L. fruit gel in management of cutaneous lesions of pemphigus vulgaris: A double-blind, placebo-controlled clinical trial. *Avicenna J Phytomed*. 2018;8(6):543-51. Epub 2018/11/21. PubMed PMID: 30456202; PubMed Central PMCID: PMC6235662.
49. Saeed Mehrzadi, Bahreh Tavakolifar, Hasan Fallah Huseini, Seyed Hamdollah Mosavat, Mojtaba Heydari: *The Effects of Boswellia serrata Gum Resin on the Blood Glucose and Lipid Profile of Diabetic Patients: A Double-Blind Randomized Placebo-Controlled Clinical Trial*. 05/2018; 23(3):2515690X1877272., DOI:10.1177/2515690X18772728
50. Sajad Azmand, Mojtaba Heydari: *Medical Ethics According to Avicenna's Stance: A Synopsis*. *Galen Medical Journal* 02/2018; 6(4)., DOI:10.22086/gmj.v6i4.768
51. Maria Niazi, Mohammad Hashem Hashempur, Mohsen Taghizadeh, Mojtaba Heydari, Abdolhamid Shariat: *Efficacy of topical Rose (Rosa damascena Mill.) oil for migraine headache: A randomized double-blinded placebo-controlled cross-over trial*. *Complementary Therapies in Medicine* 07/2017; 34., DOI:10.1016/j.ctim.2017.07.009
52. Mohammad Mahdi Parvizi, Mojtaba Heydari, Mohammad Reza Namazi: *Successful Treatment of Chronic Scalp Seborrheic Dermatitis Using Traditional Persian Medicine: A Case Report and Literature Review*. *Galen Medical Journal* 06/2017; 6(2):157-159., DOI:10.22086/GMJ.V6I2.706
53. Nahid Khalili, Reza Fereydoonzadeh, Reza Mohtashami, Saeed Mehrzadi, Mojtaba Heydari, Hasan Fallah Huseini: *Silymarin, Olibanum, and Nettle, A Mixed Herbal Formulation in the Treatment of Type II Diabetes: A Randomized, Double-Blind, Placebo-Controlled, Clinical Trial*. *Journal of Evidence-Based Complementary and Alternative Medicine* 03/2017; 22(3):215658721769692., DOI:10.1177/2156587217696929
54. Abolfazl Akbari, Khadijeh Nasiri, Mojtaba Heydari, Seyed Hamdollah Mosavat, Aida Iraj: *The Protective Effect of Hydroalcoholic Extract of Zingiber officinale Roscoe (Ginger) on Ethanol-Induced Reproductive Toxicity in Male Rats*. *Journal of Evidence-Based Complementary and*

- Alternative Medicine 01/2017; 41(7):215658721668769., DOI:10.1177/2156587216687696
55. Mohammad Hashem Hashempour, Mohammad Mahdi Hashempour, Seyed Hamdollah Mosavat, Mojtaba Heydari: *Rhazes—His Life and Contributions to the Field of Dermatology*. JAMA Dermatology 01/2017; 153(1):70., DOI:10.1001/jamadermatol.2016.0144
56. S Kolouri, A Firoozabadi, A Salehi, MM Zarshenas, SA Dastgheib, M Heydari, H Rezaeizadeh: *Nepeta menthoides Boiss. & Buhse freeze-dried aqueous extract versus sertraline in the treatment of major depression: a double blind randomized controlled trial*. Planta Medica 12/2016; 81(S 01):S1-S381., DOI:10.1055/s-0036-1596965
57. Mohammad Mahdi Parvizi, Mojtaba Heydari: *Re: A Traditional Iranian Medicine (Majoon-e Loboob) for Idiopathic Male Infertility: A Case Series*.
58. M.H. Sedaghat, M.M. Shahmardan, M. Norouzi, M. Heydari: *Effect of Cilia Beat Frequency on Muco-ciliary Clearance*. 12/2016; 6(4):265-278.
59. Fatemeh Atarzadeh, Mojtaba Heydari, Mohammad Reza Sanaye, Gholamreza Amin: *Avicenna—A Pioneer in Dermatology*. JAMA Dermatology 11/2016; 152(11):1257., DOI:10.1001/jamadermatol.2016.0026
60. Mojtaba Heydari, Hosein Heydari, Alireza Saadati, Mohammad Gharehbeglou, Javad Tafaraji, Abolfazl Akbari: *Ethnomedicine for neonatal jaundice: A cross-sectional survey in Qom, Iran*. Journal of ethnopharmacology 10/2016; 193., DOI:10.1016/j.jep.2016.10.019
61. Seyed Hamdollah Mosavat, Mojtaba Heydari, Mohammad Hashem Hashempour, Seyed Mohsen Dehghani: *Prevalence and associated factors related to complementary and alternative medicine use among pediatric patients in a subspecialty clinic*. European Journal of Integrative Medicine 09/2016; 8:58-59., DOI:10.1016/j.eujim.2016.08.137
62. Seyed Hamdollah Mosavat, Leila Ghahramani, Zahra Sobhani, Ehsan Rahmanian Haghighi, Mahsa Rostami Chaijan, Mojtaba Heydari: *The effect of leek (Allium iranicum (Wendelbo)) leaves extract cream on hemorrhoid patients: A double blind randomized controlled clinical trial*. European Journal of Integrative Medicine 09/2016; 8:33-34., DOI:10.1016/j.eujim.2016.08.081
63. Mohammad Hashem Hashempour, Seyed Hamdollah Mosavat, Mojtaba Heydari, Mesbah Shams: *Herbal medicines' use and their application-determining parameters among patients with hyperlipidemia: A cross-sectional survey*. European Journal of Integrative Medicine 09/2016; 8:18., DOI:10.1016/j.eujim.2016.08.044
64. Mehdi Pasalar, Hossein Rezaeizadeh, Maryam Ranjbar, Mojtaba Heydari, Ali Tavakoli: *Prevention of epilepsy from the viewpoint of Traditional Persian Medicine*. European Journal of Integrative Medicine 09/2016; 8:59., DOI:10.1016/j.eujim.2016.08.138
65. Nasrin Babadaei Samani, Azam Jokar, Mahmood Soveid, Mojtaba Heydari, Seyed Hamdollah Mosavat: *Efficacy of the Hydroalcoholic Extract of Tribulus terrestris on the Serum Glucose and Lipid Profile of Women With Diabetes Mellitus: A Double-Blind Randomized Placebo-Controlled Clinical Trial*. Journal of Evidence-Based Complementary and Alternative Medicine 06/2016; 21(4), DOI:10.1177/2156587216650775
66. Nasrin Babadaei Samani, Azam Jokar, Mahmood Soveid, Mojtaba Heydari, Seyed Hamdollah Mosavat: *Efficacy of Tribulus Terrestris Extract on the Serum Glucose and Lipids of Women with Diabetes Mellitus*. Iranian Journal of Medical Sciences 05/2016; 41(3 Suppl):S5.

67. Saeed Mehrzadi, Bahreh Tavakolifar, Hasan Fallah Huseini, Seyed Hamdollah Mosavat, Mojtaba Heydari: *The Efficacy of Boswellia Serrata Gum Resin for Control of Lipid Profile and Blood Glucose in Diabetic Patients*. Iranian Journal of Medical Sciences 05/2016; 41(3 Suppl):S66.
68. Mojtaba Heydari: *Iranian herbal distillates, as harmful as eating an apple!*.
69. Sepideh Kolouri, Ali Firoozabadi, Alireza Salehi, Mohammad M. Zarshenas, Seyed Ali Dastgheib, Mojtaba Heydari, Hossein Rezaeizadeh: *Nepeta menthoides Boiss. & Buhse Freeze-dried aqueous extract versus Sertraline in the treatment of major depression; a double blind randomized controlled trial*. Complementary therapies in medicine 03/2016; 26., DOI:10.1016/j.ctim.2016.03.016
70. Rahimeh Akrami, Spideh Kolouri, Mojtaba Heydari: *Alopecia Areata from the Perspective of Traditional Persian Medicine*. 02/2016; 5(1).
71. Ahmad Reza Sharifi, Abdollah Homayounfar, Seyed Hamdollah Mosavat, Mojtaba Heydari, Mohsen Naseri: *Premature Ejaculation and Its Remedies in Medieval Persia*. Urology 01/2016; 90., DOI:10.1016/j.urology.2016.01.007
72. Mojtaba Heydari, Behnam Dalfardi, Mohammad Hashem Hashempur, Sepideh Kolouri: *Johannitus (809–873AD), a bridge between Greek and Persian knowledge of the pulse*. International journal of cardiology 01/2016; 206., DOI:10.1016/j.ijcard.2016.01.055
73. Samad EJ Golzari, Khan ZH, Dabbagh A, Kavandi H, Mahmoodpoor A, Sabermarouf B, Soleimanpour H, Khodadoust K, Dalfardi B, Heydari M, Ghabili K: *A Review on John Snow's (1813 -1858 CE) Contributions to the Epidemiology and Anesthesiology*. Advances in Bioscience and Clinical Medicine 01/2016;, DOI:10.7575/aia.abcmed.15.03.04.03
74. Mehrnaz Jafarpour, Gholamhossein Yousefi, Azadeh Hamedi, Abdolhamid Shariat, Alireza Salehi, Mojtaba Heydari: *Effect of a traditional syrup from Citrus medica L. fruit juice on migraine headache: A randomized double blind placebo controlled clinical trial*. Journal of ethnopharmacology 12/2015; 179., DOI:10.1016/j.jep.2015.12.040
75. Abolfazl Iranikhah, Mojtaba Heydari, Javad Hakimelahi, Mohammad Gharehbeiglou, Mohammad Reza Ghadir: *Surgical Repair of Imperforate Anus: A Report from Haly Abbas (949-982 AD)*. Journal of Pediatric Surgery 11/2015; 51(1), DOI:10.1016/j.jpedsurg.2015.11.001
76. Mojtaba Heydari, Mohammad Hashem Hashempur, Mohammad Hosein Ayati, Detlev Quintern, Majid Nimrouzi, Seyed Hamdollah Mosavat: *The use of Chinese herbal drugs in Islamic medicine*. Journal of integrative medicine 11/2015; 13(6-6):363., DOI:10.1016/S2095-4964(15)60205-9
77. Hosein Sharifi, Mohammad Bagher Minaie, Mohammad Javad Qasemzadeh, Nematollah Ataei, Mohammad Gharehbeiglou, Mojtaba Heydari: *Topical use of Matricaria recutita L (Chamomile) Oil in the Treatment of Monosymptomatic Enuresis in Children: A Double-Blind Randomized Controlled Trial*. 10/2015; 22(1), DOI:10.1177/2156587215608989
78. Mohammad Hashem Hashempur, Mojtaba Heydari, Seyed Hamdollah Mosavat, Seyyed Taghi Heydari, Mesbah Shams: *Complementary and alternative medicine use in Iranian patients with diabetes mellitus*. Journal of integrative medicine 09/2015; 13(5):319-325., DOI:10.1016/S2095-4964(15)60196-0
79. Reza Mohtashami, Hasan Fallah Huseini, Mojtaba Heydari, Mohsen Amini, Zainab Sadeqhi, Habib Ghaznavi, Saeed Mehrzadi: *Efficacy and safety of Honey based formulation of nigella*

- sativa seed oil in functional dyspepsia: A double blind randomized controlled clinical trial.* Journal of ethnopharmacology 09/2015; 175., DOI:10.1016/j.jep.2015.09.022
80. Seyed Hamdollah Mosavat, Leila Ghahramani, Zahra Sobhani, Ehsan Rahmanian Haghghi, Mahsa Rostami Chaijan, Mojtaba Heydari: *The effect of leek (Allium iranicum (Wendelbo) Wendelbo) leaves extract cream on hemorrhoid patients: A double blind randomized controlled clinical trial.* European Journal of Integrative Medicine 09/2015; 7(6)., DOI:10.1016/j.eujim.2015.08.008
81. Samad EJ Golzari, Zahid Hussain Khan, Ali Dabbagh, Hadiseh Kavandi, Ata Mahmoodpoor, Babak Sabermarouf, Hassan Soleimanpour, Kazem Khodadoust, Behnam Dalfardi, Mojtaba Heydari, Kamyar Ghabili: *A Review on John Snow's (1813-1858 CE) Contributions to the Epidemiology and Anesthesiology.* Advances in Bioscience and Clinical Medicine 08/2015; 03(04):5-10.
82. Mohammad Javad Qasemzadeh, Hosein Sharifi, Mohammad Hamedanian, Mohammad Gharehbeiglou, Mojtaba Heydari, Mehdi Sardari, Meisam Akhlaghdoust, Mohammad Bagher Minae: *The Effect of Viola odorata Flower Syrup on the Cough of Children With Asthma: A Double-Blind, Randomized Controlled Trial.* 05/2015; 20(4)., DOI:10.1177/2156587215584862
83. Mojtaba Heydari, Kaynoosh Homayouni, Mohammad Hashem Hashempur, Mesbah Shams: *Topical Citrullus colocynthis (bitter apple) extract oil in painful diabetic neuropathy: A double-blind randomized placebo-controlled clinical trial.* Journal of Diabetes 03/2015; 8(2)., DOI:10.1111/1753-0407.12287
84. Seyed Hamdollah Mosavat, Leila Ghahramani, Zahra Sobhani, Ehsan Rahmanian Haghghi, Mojtaba Heydari: *Topical Allium ampeloprasum Subsp Iranicum (Leek) Extract Cream in Patients With Symptomatic Hemorrhoids: A Pilot Randomized and Controlled Clinical Trial.* Journal of Evidence-Based Complementary and Alternative Medicine 01/2015; 20(2)., DOI:10.1177/2156587214567954
85. M. Heydari, M. Shams, M.H. Hashempur, A. Zargaran, B. Dalfardi, A. Borhani-Haghghi: *The origin of the concept of neuropathic pain in early medieval Persia (9th-12th century CE).*
86. M. Heydari, M. Shams, M.H. Hashempur: *The origin of the concept of neuropathic pain in early medieval Persia (9th - 12th century).*
87. Mahsa Rostamichijan, Seyed Hamdollah Mosavat, Leila Ghahramani, Ehsan Rahmanian Haghghi, Mohammad Hashem Hashempur, Mojtaba Heydari: *Anorectal Diseases in Avicenna's "Canon of Medicine".* AMHA - Acta Medico-Historica Adriatica 01/2015; 13:103-114.
88. Soror Inaloo, Seyyed Mohsen Dehghani, Seyyed Mohammad Hashemi, Mojtaba Heydari, Seyyed Taghi Heydari: *Comorbidity of headache and functional constipation in children: A cross-sectional survey.* The Turkish journal of gastroenterology: the official journal of Turkish Society of Gastroenterology 12/2014; 25(6):508-511., DOI:10.5152/tjg.2014.
89. Mojtaba Heydari, Kaynoosh Homayouni, Mohammad Hashem Hashempur, Mesbah Shams: *The use of topical Citrullus colocynthis in treatment of painful diabetic neuropathy: A pilot interventional study.* International Journal of Research in Ayurveda and Pharmacy 11/2014; 5(6):662-666., DOI:10.7897/2277-4343.056135

90. Mojtaba HEYDARI, Behnam DALFARDI, Samad E.J. GOLZARI, Seyed Hamdol-lah MOSAVAT: *Haly Abbas and the Early Description of Obstructive Jaundice*. Iranian Journal of Public Health 08/2014; 43(8):1161-1162..
91. Seyyed Ali Enjoo, Seyyed Hamdollah Mosavat, Mojtaba Heydari: *Medical Ethics in Iranian Traditional Medicine, a Review of Qutb al-Din al-Shirazi's Ethical Code*. 08/2014; 3(3):113-22.
92. Mojtaba Heydari, Behnam Dalfardi, Seyed Hamdollah Mosavat: *Cardiac tamponade, a medical concept known in medieval times*. International Journal of Cardiology 07/2014; 176(1), DOI:10.1016/j.ijcard.2014.06.088
93. Mojtaba Heydari, Behnam Dalfardi, Samad EJ Golzari, Hamzeh Habibi, Mohammad Mehdi Zarshenas: *The Medieval Origins of the Concept of Hypertension*. Heart Views 07/2014; 15(3):96-98., DOI:10.4103/1995-705X.144807
94. Mohammad Hashem Hashempur, Kaynoosh Homayouni, Alireza Ashraf, Alireza Salehi, Mohsen Taghizadeh, Mojtaba Heydari: *Effect of Linum usitatissimum L. (linseed) oil on mild and moderate carpal tunnel syndrome: A randomized, double-blind, placebo-controlled clinical trial*. DARU Journal of Pharmaceutical Sciences 05/2014; 22(1):43., DOI:10.1186/2008-2231-22-43
95. Samad EJ Golzari, Behnam Dalfardi, Hassan Yarmohammadi, Mojtaba Heydari: *Baha'al-Dawlah Razi (d. 1508 AD) and an early clinical description of supraventricular tachycardia*. International Journal of Cardiology 04/2014; 175(2), DOI:10.1016/j.ijcard.2014.04.104
96. Behnam Dalfardi, Mojtaba Heydari, Samad E.J. Golzari, Golnoush Sadat Mahmoudi Nezhad, Mohammad Hashem Hashempur: *Al-Baghdadi's description of venous blood circulation*. International Journal of Cardiology 04/2014;, DOI:10.1016/j.ijcard.2014.03.199
97. Mojtaba Heydari, Mesbah Shams, Kaynoosh Homayouni, Afshin Borhani-Haghighi, Alireza Salehi, Mohammad Hashem Hashempur: *An option for painful diabetic neuropathy with simultaneous "antioxidative" and "anesthetic" properties: Topical Citrullus colocynthis*. 01/2014; 4(1):1-4., DOI:10.5455/jeim.031113.hp.009
98. Mahdieh Hajimonfarednejad, Mojtaba Heydari: *Death in the perspective of Iranian traditional medicine, with an emphasis on Allama Qutb al-Din Shirazi's books*.
99. Mohammad Hashem Hashempur, Mojtaba Heydari, Hadi Bagheri, Mesbah Shams: *Assessment of Compliance of Comprehensive Pre-internship Exam Questions with Educational priorities that are Needed for General Practitioner*.
100. Jamshid Roozbeh, Mohammad Hashem Hashempur, Mojtaba Heydari: *Use of Herbal Remedies Among Patients Undergoing Hemodialysis*. Iranian journal of kidney diseases 11/2013; 7(6):492-5.
101. Mojtaba Heydari, Mohammad Hashem Hashempur, Arman Zargarani: *Medicinal aspects of opium as described in Avicenna's Canon of Medicine*. AMHA - Acta Medico-Historica Adriatica 07/2013; 11(1):101-12.
102. Mahmood Nejabat, Mohammad Hashem Hashempur, Mojtaba Heydari, Mitra Amini: *The Conformity of Educational Programs to the Educational Priorities of Medical Doctors; A Study in Department of Ophthalmology, Shiraz University of Medical Sciences, Iran*.
103. M Heydari, M H Hashempur, M Shams: *Inappropriate time splitting among endocrine topics in undergraduate medical education*. Education for Health Change in Learning & Practice 11/2012; 25(2):131-2., DOI:10.4103/1357-6283.103463

104. Mesbah Shams, Mojtaba Heydari: *Forgotten undergraduate educational priorities in the field of cardiology*. BMJ Clinical Research 07/2012;
105. Mojtaba Heydari, MH Hashempur, M Shams: *Inappropriate Time Splitting Among Endocrine Topics in Undergraduate Medical Education*. Education for Health 07/2012; 25(2):131.
106. M.H.Hashempur M.Nejabat M.Heydari: *The Conformity of Educational Programs to the Educational Priorities of Medical Doctors; A Study in Department of Ophthalmology, Shiraz University of Medical Sciences, Iran*.

Book Chapters

Mojtaba Heydari, Seyed Hamdollah Mosavat, Babak Daneshfard. Bioactive foods as dietary intervention for diabetes from the perspective of Persian Medicine, WATSON, Ronald Ross; PREEDY, Victor R. (2nd edition.). Bioactive food as dietary interventions for diabetes. Elsevier Academic Press, 2018.

Mojtaba Heydari, Mohammad Hashem Hashempur, Mesbah Shams. Citrullus colocynthis and its potential role against diabetes and its complications, WATSON, Ronald Ross; PREEDY, Victor R. (2nd edition.). Bioactive food as dietary interventions for diabetes. Elsevier Academic Press, 2018.

Patents

Citrullus colocynthis oil for diabetic neuropathy in Iranian Patent Registry

Conference Proceedings

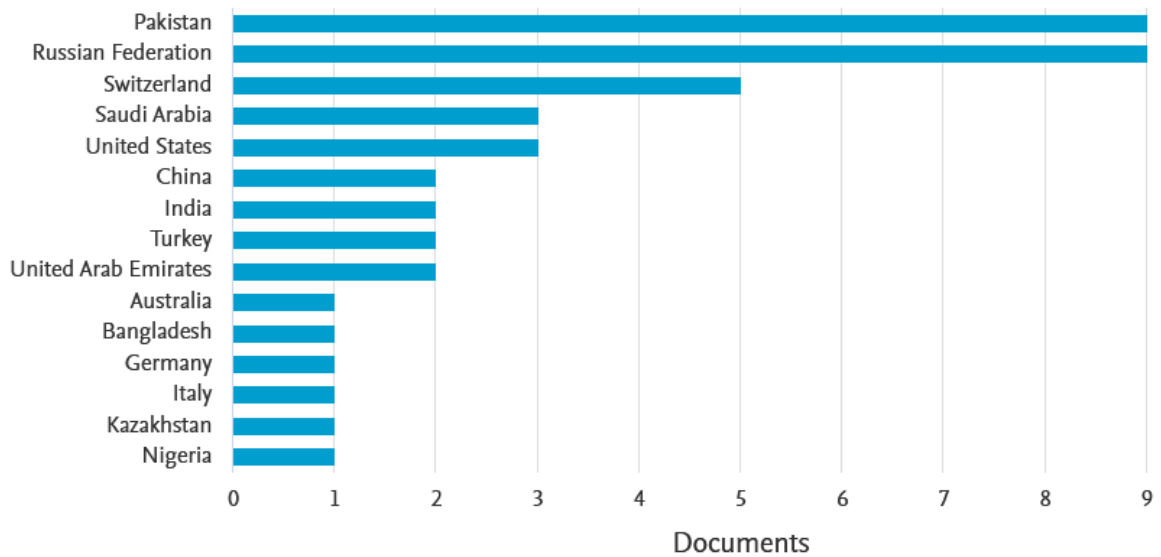
1. Heydari, M, Nepeta menthoides Boiss. & Buhse freeze-dried aqueous extract versus sertraline in the treatment of major depression: a double blind randomized controlled trial. **9th Joint Natural Product Conference 2016 (Joint Meeting with ASP, AFERP, JSP, PSE and SIF) and 64th International Conference and Annual Meeting of GA July 24 - 27, 2016, Copenhagen, Denmark**
2. Mohammad M Parvizi, Mojtaba Heydari, Mohammad R Namazi, Zahra Parvizi, Successful treatment of chronic seborrheic dermatitis with topical Althaea officinalis L. leaf: a case report, **World Congress Integrative Medicine & Health , Berlin, Germany**. 3-5 May 2017
3. Jafar Abolghasemi, Mojtaba Heydari: *medicinal plants with cardiac side effect from the perspective of traditional Persian medicine*. **5th International Preventive Cardiology Congress, Shiraz, Iran; 09/2016**
4. Hajimonfared.M, Mohadeseh Ostovar, Heydari. M: *Diabetes and depression from Iranian traditional medicine to modern literature*. **National Conference on evidence based Traditional medicine and pharmacy; 03/2016**
5. Mojtaba Heydari, Mohammad Hashem Hashempur, Seyed Hamdollah Mosvat: *Herbal remedies for neuropathic pain in Traditional Persian Medicine*. **63rd International Congress and Annual Meeting**

- of the Society for Medicinal Plant and Natural Product Research (GA), Budapest, Hungary;**
08/2015, DOI:10.1055/s-0035-1565741
6. Mehdi Sardari, Hossein Rezaeizadeh, Mojtaba Heydari: *Ficus carica (fig) paste supplementation in patients with multiple sclerosis associated constipation; a double blind randomized clinical trial.* **63rd International Congress and Annual Meeting of the Society for Medicinal Plant and Natural Product Research (GA), Budapest, Hungary;** 08/2015, DOI:10.13140/RG.2.1.4919.4721
 7. Mojtaba Heydari, Mohammad Hashem Hashempur, Seyed Hamdollah Mosavat: *The Contribution of Rhazes (834-932 CE) to the History of Light.* **4th International Summer School, Istanbul, Turkey;** 08/2015
 8. Seyed Nooreddin Faraji, Mojtaba Heydari: *The effect of Islamic life style on human metabolomics: A study protocol.* **The second International Conference on Holy Prophet Mohammad's Tradition (Sireye Nabavi) in Medicine;** 03/2015
 9. Mojtaba Heydari, Kaynoush Homayouni, Mohammad Hashem Hashempur, Mesbah Shams: *The use of topical Citrullus colocynthis in treatment of painful diabetic neuropathy: A pilot interventional study.* **5th International Congress of Pain Medicine, Tehran;** 10/2014
 10. Mojtaba Heydari: *Prevention of cardiovascular diseases in Iranian Traditional Medicine.* **3rd International Preventive Cardiology Congress, Shiraz;** 10/2014
 11. Mojtaba Heydari, Mohammad Hashem Hashempur, Seyed Hamodollah Mosavat: *Chinese herbal drugs in Islamic medicine, the source of scientific and commercial relationship.* **İBTAV International Conference, China and the Islamic World: Trade and Knowledge, Istanbul, Turkey;** 06/2014
 12. Mohammad Mahdi Parvizi, Majid Nimroozi, Fatemeh Attarzadeh, Mojtaba Heydari, Mahdiyeh Hajimonfarednejad, Alireza Salehi, Zahra Parvizi: *The Advices of Traditional Medicine for Pregnant Women Traditional medicine on the advice of pregnant women.* **the 3rd international conferences on women's health;** 05/2014, DOI:10.13140/2.1.3743.1685

International collaborations

Documents by country or territory

Compare the document counts for up to 15 countries/territories.



Scientific collaborators (160 Researchers from 15 countries)

Mosavat, S.H.	Hussain, M.B.	Khan, M.U.	Waheed, M.
Hashempur, M.H.	Iraji, A.	Kolouri, S.	Zare, R.
Shams, M.	Salehi, A.	Laishevtcev, A.	Zargaran, A.
Shariati, M.A.	Abu-Izneid, T.	Lankarani, K.B.	Abbas Zaidi, S.M.
Dalfardi, B.	Akhtar, W.	Malik, A.	Abolhassanzadeh, Z.
Rauf, A.	Alhumaydhi, F.A.	Mohtashami, R.	
Nimrouzi, M.	Aljohani, A.S.M.	Omran, G.R.	Adibi, P.
Gharehbeqlou, M.	Aziz, E.	Ostovar, M.	Ahmed Arif, S.
Golzari, S.E.J.	Batool, R.	Qasemzadeh, M.J.	Ahmed, S.
Mehrzadi, S.	Bawazeer, S.	Raee, M.J.	Akbarizadeh, A.R.
Plygun, S.	Chaijan, M.R.	Rebezov, M.	Akhlaghdoust, M.
Zarshenas, M.M.	Dehghani, S.M.	Rehman, S.	Alafnan, A.
Akbari, A.	Faridi, P.	Salmanpour, M.	Amin, G.
Ghahramani, L.	Hajmohammadi, Z.	Shahzad, T.	Amini, M.
Haghighi, E.R.	Heydari, S.T.	Shariat, A.	Anbardar, M.H.
Hajimonfarednejad, M.	Homayouni, K.	Sharifi, H.	Arbab Tafti, R.
Huseini, H.F.	Imran, M.	Sobhani, Z.	Aremu, A.O.
	Khalil, A.A.	Taghizadeh, M.	Ashraf, A.

Ashraf, H.	Khalid, A.	Saadati, A.
Aslam, F.	Khalili, N.	Sadeqhi, Z.
Ataei, N.	Khayrullin, M.	
Atarzadeh, F.	Khodadoost, M.	
Ayati, M.H.	Mahmoudi Nezhad,	
Bahramsoltani, R.	G.S.	
Borhani-Haghighi,	Majeed, M.	
A.	Mayer, J.G.	
Daglia, M.	Mehrabani, M.	
Daneshamouz, S.	Mehrbani, M.	
Dastgheib, S.A.	Minae, M.B.	
Ebrahimi, F.	Minaie, M.B.	
Fallah Huseini, H.	Mirzaei, R.	
Farzaei, M.H.	Mishra, A.P.	
Fatemi, I.	Mushtaq, B.S.	
Fereydoonzadeh, R.	Mushtaq, Z.	
Firoozabadi, A.	Naderinia, K.	
Ghadir, M.R.	Nadjarzadeh, A.	
Ghaznavi, H.	Najarzadeh, A.	
Ghorat, F.	Namazi, M.R.	
Golzari, S.E.	Naseri, M.	
Hafez Ghoran, S.	Nasiri Lari, Z.	
Hajimehdipoor, H.	Nasiri, K.	
Hakimelahi, J.	Naz, S.	
Hamedanian, M.	Nejabat, M.	
Hamed, A.	Niazi, M.	
Hasan, M.M.	Niazi, M.	
Hashem	Nigam, M.	
Hashempur, M.	Nikbakht, H.A.	
Hashemi, S.M.	Norouzi, M.	
Hashempour, M.M.	Okuskhanova, E.	
Hassan, S.	Olatunde, A.	
Heydarirad, G.	Omer, R.	
Homayounfar, A.	Orhan, I.E.	
Iahtisham-Ul-Haq	Parvizi, M.M.	
Inaloo, S.	Qaisrani, T.B.	
IqraYasmin	Quintern, D.	
Iranikhah, A.	Rahimi, R.	
Jafarpour, M.	Rengasamy, K.R.	
Jahromi, B.N.	Rengasamy, K.R.R.	
Javed, A.	Rezaeizadeh, H.	
Jokar, A.	Riasatian, M.	
Kamali, M.	Roosbeh, J.	
Karami, M.M.	Rostami, N.	